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| **5 MINUTES THINKING ABOUT CONSEQUENCES*** **PHYSICAL:** How will using likely affect your health? Unless you die, you’ll go through withdrawal.
* **FINANCIAL:** How much will using cost you? Cost of using over a month? Your job?
* **RELATIONAL:** How will using hurt your relationships, your example to those who look up to you?
* **SPIRITUAL:** How does using not fit with you being a child of God?
* **YOUR “BAD” SELF:** **“Do not get drunk on wine, which leads to debauchery.”** Eph 5:18a What might you do that you’d NEVER do when not using?

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