

Motivation from Within

- Motivation - anything we want/need/have to do
 - Internal - comes from within us. An extreme example would be a person choosing to build a house in the woods without any help.
 - External - comes from outside us. An extreme example would be having someone micromanaging everything someone does.

- Nothing more important than responding to our Creator
 - Get to know Him
 - Respond to His love
 - Become like Him
 - When this is in place, it becomes the foundation for everything we are and do

- The results of internal and external motivation

External Motivation	Internal Motivation
Outward force pushing in Told to do something good Do I have to? Quit when it becomes difficult Compelled by obligation, duty, responsibility Religion Behavior changed Seeks to please people Long term produces tiredness and guilt A life described as acting like slaves Only lasts a while	Inward force pushing out Can't stop me from doing good Do I get to? Doesn't quit no matter what Compelled by thankfulness passion love Gospel Heart changed Seeks to please God Long term produces joy and excitement A life described as acting like sons Lasts a lifetime

- God's heart is for the lost broken *Ps 34:18*
 - We are to love as Jesus loved *Jn 13:34*
 - Most if not all leaders who share with you do so in response to God's love.
 - With 9/10 of you giving up, it seems that we love you more than you love yourself. We hardly know you!
- Many men find their value in what they do.
- The truth is we're valuable for who we are whether or not you've accepted the gift of God's love.
- Don't believe in God or that Jesus died for you?
 - What do you believe?
 - What is the basis for what you believe?
 - How well is your belief system working out for you?
 - Where do you believe value comes from?
 - Health, good looks, intelligence, abilities. Most of those were given at birth.
 - Discipline, riches, popularity. Some of these are a result of upbringing.
 - All that you consider valuable outside of what value is given by God will you will someday see turn to dust, valueless in your eyes.

1. How does it prove your value that God created you, giving you life, giving you an opportunity to have eternal life? _____

2. How does it prove your value that God, the God of the universe, desires to have a relationship with you? _____

3. How does it prove your value that Jesus suffered and died for each and every thing you have done wrong? _____

4. How does it prove your value that God has adopted you into his family calling you his son or daughter? _____

5. How does it prove your value that God has prepared a place for you to live for eternity that is beyond anything you can imagine? _____

6. What more could God do for you to prove you are more valuable than you now think you are? _____

7. What could anyone do for you to prove you are more valuable than you now think you are? _____

8. What does it mean to you that each of the speakers and leaders believe you are so valuable that they are willing to pour their hearts into 20 people just to have one succeed? _____

9. Seeing how valuable each person involved in ministry sees you, how do you see yourself differently? _____

10. List the differences in your value if you would believe you are called as a child of the King of the universe. _____

11. What would you be motivated to do differently if you were thinking of being a child of the King of the universe. _____

TRUTHS

One's relationship with God

- God's love through
 - Creation:
 - Desire for relationship *Revelation 3:20*
 - Suffered and died to pay the price for our wrongdoing *1 John 4:9-10*
 - If saved, called child of God *2 Corinthians 6:18*
 - If saved, preparing a place for us *1 Corinthians 2:9*
 - Each of the above makes you valuable, not for what you do but who you are
 - Is that enough for God to do to show you are valuable?
 - Yes, well based on how many leave the program, it's not enough for 9/10 of you!
 - No, then what God is supposed to do to show you that you are valuable.

Substance Abuse

- God has called you as children, to a higher life. Not living consistently
 - Denies God's calling
 - Prideful believing one's life doesn't matter
- Abuse is not pleasurable long term
- Abuse is damaging to self
- Abuse is damaging to others
 - Is very selfish
 - Is very unloving

When Eckhart Tolle woke up and realized that everything he had ever desired existed right here in the present moment, he spent months sitting on a park bench, basking in the bliss of his awakened state. He suddenly knew he was a valuable, worthy child of God who didn't have to do anything to earn that grace.

12. Consider a life on drugs/alcohol from the time you started until you die. What deep inside you motivates you to want that life? _____

13. Consider a life without drugs/alcohol starting when you had your last. What deep inside you motivates you to want that life? _____

14. Write out how substance abuse damages your life. _____

15. Write out how substance abuse damages the lives of others around you. Include how it may be selfish and unloving. _____

16. List what worthwhile things would motivate you to abuse yourself again. _____

17. Considering all these truths, write a short letter to the you who may be tempted to give in and abuse yourself again. _____

Psalm 34:18 The LORD is close to the brokenhearted and saves those who are crushed in spirit.

Jeremiah 20:9 But if I say, "I will not mention his word or speak anymore in his name," his word is in my heart like a fire, a fire shut up in my bones. I am weary of holding it in; indeed, I cannot.

John 13:34 "A new command I give you: Love one another. As I have loved you, so you must love one another.

1 Corinthians 2:9 However, as it is written: "What no eye has seen, what no ear has heard, and what no human mind has conceived" the things God has prepared for those who love him

2 Corinthians 6:18 And, "I will be a Father to you, and you will be my sons and daughters, says the Lord Almighty."

1 John 4:9-10 This is how God showed his love among us: He sent his one and only Son into the world that we might live through him. **10** This is love: not that we loved God, but that he loved us and sent his Son as an atoning sacrifice for our sins.

Revelation 3:20 Behold, I stand at the door and knock. If anyone hears my voice and opens the door, I will come in to him and eat with him, and he with me.